

IELTS Academic Reading

Find the evidence, then choose the answer.



A four-week routine you can adapt.

Use this workbook alongside current official materials. It is not a complete course, official paper or prediction of your exam result.

1 / FIND YOUR BASELINE

Try one Reading paper. Record accuracy and whether time pressure affected your decisions. Do not convert a short set into an IELTS band.

2 / READ FOR MEANING

Practise locating a paraphrase, identifying the writer's main point and separating stated evidence from an inference.

3 / REVIEW UNDER TIME

Take a fresh paper using its stated time limit. For each missed item, underline the sentence that supports the correct answer.

4 / CONSOLIDATE

Revisit your mistake log. Explain why the other choices fail, then try similar tasks without looking at the key.

My priority topic: _____

My start date: _____ My regular study time: _____

Turn a mistake into a method.

WORKED EXAMPLE / EVIDENCE AND INFERENCE

A passage says: "The library extended its opening hours in May. Evening visits increased in June." A student concludes that longer hours caused the rise. Is that causal claim established?

Reasoning: No. The passage reports a sequence and an increase, but does not rule out other explanations. Distinguish what the text states from what you infer. This original exercise is not a scored IELTS task.

TRY IT YOURSELF: EXPLAIN THE SAME IDEA WITHOUT LOOKING ABOVE.

MY MISSED QUESTION / TOPIC / SOURCE

WHY I CHOSE MY ANSWER — AND THE EVIDENCE OR RULE I MISSED

MY CORRECTED METHOD AND THE DATE I WILL RETRY IT

Keep the useful habits.

BEFORE YOUR NEXT PRACTICE SESSION

- ☐ Choose one topic and a realistic time block.
- ☐ Open the matching task and answer key, but keep the key hidden.
- ☐ Check units, evidence and instructions before submitting.
- ☐ Record one correction you can use next time.

OFFICIAL REFERENCES & NEXT STEPS

[Official IELTS samples](#)

<https://ielts.org/take-a-test/preparation-resources/sample-test-questions/academic-test>

[Three Via Glowbal Reading papers](#)

<https://viaglowbal.com/test-centre/ielts-academic-reading>

[Browse the resource library and build a study plan](#)

Links checked 26 September 2026. Older or current-cycle references do not announce next-year rules. Follow the provider and your institution for current requirements. Linked official materials belong to their publishers; this workbook is independently written and is not endorsed by any exam provider.

MY NEXT TWO ACTIONS
